

How to Make a 'No-Sew' Blanket

Estimated Time: 30-45 minutes total

Objective: Make no-sew blankets that are provided to those facing the end of their life, starting or completing chemotherapy treatments, homeless men and women, veterans, children facing hospital stays, and those in need of a little comfort.

Instructions:

1. You'll need one piece (60" x 2 yards) of PRINT fleece and one piece (60" x 2 yards) of SOLID fleece.
2. Lay out your fleece on top of each other.
3. Trim off edges and excess, including the salvage (area with printing and rough edges) to make blanket even.

TIP: When you trim the salvage and excess, braid them together to create a tie for the finished rolled blanket.

4. Cut a 4" x 4" square out of each corner (cut through both pieces).

TIP: Use fabric templates as guides.

5. Cut 1" x 4" strips around all four edges of the fleece (cut through both pieces).

TIP: Use fabric templates as guides.

6. Now it's time to begin tying your blanket!

- a. Bring the bottom strip up first to tie a knot. **Repeat** so that each set of strips is tied twice.
- b. Move to the next pair of strips.
- c. Continue on until all pieces are tied.

TIP: Be careful not to tie them too tight as it will cause it to bunch.

7. Now that your blanket is made, fold and roll the blanket and tie it with the braid you made in step 3.
8. You're finished!

Learn more about Blanket Hearts and National Blanket Hearts Day at www.blankethearts.org.

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